

## Sunday Morning

# Health Corner

## Endometriosis

**Endometriosis happens when** tissue from the uterus grows outside of it, attaching to the ovaries, tubes, or even the bowel or bladder.

**Endometriosis affects about** five million American women. It is a painful condition, sometimes known as “the silent struggle,” and often years pass before it’s diagnosed.

**Too often, Black** women who have symptoms receive a misdiagnosis at first.

**Know the warning** signs:

- Pelvic pain/cramps that get worse over time.
- A history of lengthy, profuse periods.
- Pain during sex or when using the bathroom, especially when menstruating.
- Trouble getting pregnant.

**If you or** a loved one has symptoms, consult with a doctor.

**Learn more about** Endometriosis. Visit [BlackDoctor.org](https://www.BlackDoctor.org)



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