

SUNDAY MORNING Health Corner

Thyroid Awareness Month

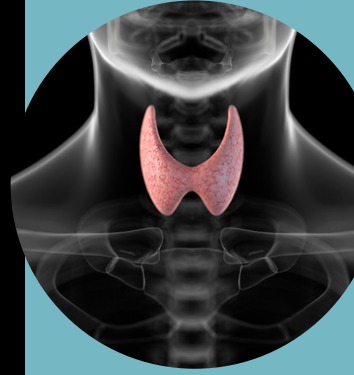
The bulging eyes of Graves Disease, an over-sensitivity to heat or cold, a sudden weight loss or gain, even brittle fingernails. These conditions, and many more symptoms, can be traced to poor thyroid health.

Thyroid Awareness Month is a time to become educated about the thyroid gland, which regulates our metabolism and affects the function of our organs, including our heart, liver, and brain.

Millions of Americans have undiagnosed thyroid disorders. The good news is most thyroid conditions are treatable with medication.

African Americans have a greater risk for thyroid problems and complications. Make sure a thyroid exam is part of your annual doctor visit.

Learn more about thyroid health at blackdoctor.org.



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