Sunday Morning Health Corner

National Blood Donor Month

During January, take a moment to recognize that you can save a life by donating blood.

Did you know that people with certain blood subtypes, such as sickle cell disease, rely primarily on Black blood donors? Given this, we need more individuals from our congregations and communities to donate blood.

By increasing the number of Black donors, we can ensure that people receive blood that matches their own. Let's use this awareness month to donate blood and help save lives!

Visit the <u>Red Cross</u> to find a donation location near you.





www.balmingilead.org 1001 Boulders Parkway – Suite 510 Richmond, Virginia 23225