

# SUNDAY MORNING Health Corner

## National Immunization Awareness Month

August is National Immunization Awareness Month (NIAM). During this month, let's consider the importance of routine vaccination for people of all ages. We understand there may be some reluctance to immunization due to systematic racism and health inequity in our Black communities. The CDC is encouraging children and adults to stay up-to-date with routine vaccines.

During COVID-19, there was a drop in immunizations. Routine vaccinations are rebounding but very slowly among people of color. It is crucial that we take steps to get everyone back on schedule. Children and teens can still catch up on vaccinations even if they start late.

If you are unsure of what vaccines you may need, take the following quizzes from the CDC.

[The Adult Vaccine Quiz | CDC](#)

[Childhood Vaccine Quiz | CDC](#)



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