

SUNDAY MORNING Health Corner

Alzheimer's Disease Awareness

Alzheimer's disease is the most common type of dementia, accounting for 60% – 80% of all cases. This irreversible, progressive brain disorder substantially burdens the Black community as **African Americans are twice as likely to have Alzheimer's or another dementia.**



What is Alzheimer's disease?

Alzheimer's disease is a type of brain caused by damage to nerve cells in the brain. Alzheimer's disease is the most common cause of dementia.

Symptoms include:

- Apathy and depression
- Confusion
- Difficulty remembering conversations, names, or events
- Disorientation
- Impaired speech
- Poor judgment



Know the Facts

- There are three stages of Alzheimer's disease — **mild, moderate, and severe.**
- Currently, nearly **7 million Americans aged 65 or older are affected by Alzheimer's disease.** Of the almost 7 million people, **two-thirds are women,** according to the Alzheimer's Association.
- Family caregivers provide upwards of **\$300 billion annually** in unpaid care to loved ones living with Alzheimer's and other forms of dementia.
- More seniors die from Alzheimer's disease or other forms of dementia than breast cancer or prostate cancer combined.

If you or a loved one are 65 years of age or older and have noticed a behavior change, please speak with your local doctor about available cognitive screenings.



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