

SUNDAY MORNING Health Corner

Safety Tips for Returning to School During COVID-19

Schools are an essential part of communities' infrastructure and play a critical role in supporting the whole child, not just their academic achievement. Now, the term "Back to School" takes on a new meaning during the age of coronavirus disease (COVID-19).

Children ages 12 or older are eligible to receive the COVID-19 vaccine. Being fully vaccinated is one of the best measures you can take to keep you and your family safe.

Here are a few steps you can take to reduce the risks of COVID-19 while also helping your child feel safe amidst the COVID-19 pandemic.



Wear A Mask

Have multiple cloth face masks available for your child. Provide your child with a clean mask and back-up mask each day and a clean, resealable bag for them to store the mask when they can't wear it, such as at lunch.



Wash Your Hands

Review and practice proper hand washing techniques at home, especially before and after eating, sneezing, coughing, and adjusting a face cover.



Stay Home If Sick

Check-in with your child each morning for signs of illness. If your child has a temperature of 100.4 degrees or higher, they should not go to school.



Don't Skip Vaccinations

Make sure your child is up-to-date with all recommended vaccines, including for the flu.



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