

SUNDAY MORNING

HEALTH CORNER

Alzheimer's and Dementia Awareness

Statistically, African Americans are about two times more likely than white Americans to have Alzheimer's and other dementias, and are less likely to be diagnosed. Dementia is a cognitive condition that affects the brain functions of memory loss and judgment. Alzheimer's disease is the most common cause of dementia and a disease state that can cause severe psychological and behavioral changes.

Below are some signs of Alzheimer's disease and dementia. If you or a loved one is experiencing any of these signs, contact a local brain specialist.

Early Signs of Alzheimer's Disease and Dementia



Memory - Memory loss that disrupts daily life



Planning - Trouble problem solving, planning and doing familiar tasks like tracking monthly bills



Daily Task - Difficulty completing familiar everyday tasks at home, work or for fun



Time - Confusion with time or place; losing track of dates or sessions



Vision - Having vision problems that make it difficult to read, judge distance and color



Language - Trouble following conversations or finding the word; calling things the wrong name



Social - Withdrawal from social and work activities



Mood - Beyond confused, depressed, or anxious, easily upset or lashing out at others



THE
BALM 
IN
GILEAD 
INC.

www.balmingilead.org

620 Moorefield Park Drive, Suite 150

Richmond, VA 23236

804.644.2256