

SUNDAY MORNING HEALTH CORNER

No Menthol SUNDAY

The Center for Black Health & Equity's **No Menthol Sunday** is our annual opportunity for faith communities to address the detrimental impact tobacco is having on African American communities. **Tobacco** is still the **number one killer** of African Americans, and **people of faith can play a major role in changing this.**

Here's what you should know:



Menthol is a minty flavor that makes it easier to start smoking and harder to quit.



Eighty-five percent of African American smokers choose menthols.



The tobacco industry intentionally tries to get African Americans to buy menthol cigarettes.



The FDA has the power to ban menthol from tobacco products, but they have spent years deciding.



The tobacco industry pays Black leaders to say that a ban on menthol would criminalize African Americans, but this is not true.



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Learn more about how you can help your community to become tobacco free at www.nomentholsunday.org.