

# SUNDAY MORNING

## HEALTH CORNER

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### The Need for COVID-19 Vaccinations in the Black Community

As the number of COVID-19 cases continues to increase, the U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) remarks that the COVID-19 pandemic has disproportionately impacted communities of color.

Studies show that COVID-19 vaccines are effective at keeping you from getting COVID-19. It has been proven through science that the COVID-19 vaccination is integral in helping us reconnect in-person with our friends and families and start doing some things we had stopped doing because of the pandemic.

**Here are a few ways you can help in the fight against COVID-19:**



#### As more vaccination are coming out:

- Get the facts about COVID-19 vaccines.
- Share accurate vaccine information.
- Participate in clinical trials.
- Get vaccinated when the time comes.
- Volunteer at your local testing site.



#### Take these extra steps to protect yourself and others around you before and after you get vaccinated.

- Wear a mask to protect yourself and others and stop the spread of COVID-19.
- Wash your hands often with soap and water for at least 20 seconds.
- Stay at least 6 feet (about 2 arm lengths) from others who don't live with you.
- Avoid crowds. The more people you are in contact with, the more likely you are to be exposed to COVID-19.



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For more information on how the COVID-19 vaccine and minority health, visit [www.nimhd.nih.gov/programs/edu-training/nmhm/](http://www.nimhd.nih.gov/programs/edu-training/nmhm/)