SUNDAY MORNING
HEALTH CORNER

Benefits of Getting the COVID-19 Vaccine

Long-standing systemic health care issues and social inequities have caused African Americans to be at an increased risk of contracting or even dying from COVID-19. As COVID-19 continues to ravage the Black community, the Kaiser Family Foundation (KFF) found that 7 in 10 African Americans say they are mistreated based on race or ethnicity when they try to seek medical care. Many factors contribute to the trepidation and speciesism African Americans have surrounding the COVID-19 vaccination. Here are some reasons why you should get vaccinated.

Three benefits of the vaccination

The COVID-19 vaccination will help keep you from getting COVID-19.
All COVID-19 vaccines that are in development are being carefully evaluated in clinical trials and will be authorized or approved only if they make it substantially less likely you'll get COVID-19.

The COVID-19 vaccination is a safer way to help build protection.
Both natural immunity and immunity produced by a vaccine are essential parts of COVID-19 disease that experts are trying to learn more about. The CDC will keep the public informed as new evidence becomes available.

The COVID-19 vaccination will be an important tool to help stop the pandemic.
Wearing masks and social distancing help reduce your chance of being exposed to the virus or spreading it to others, but these measures are not enough. Vaccines will work with your immune system, so it will be ready to fight the virus if you are exposed.

For more information on COVID-19 visit:
https://www.cdc.gov/coronavirus/2019-ncov/vaccines/vaccine-benefits.html

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