

SUNDAY MORNING HEALTH CORNER

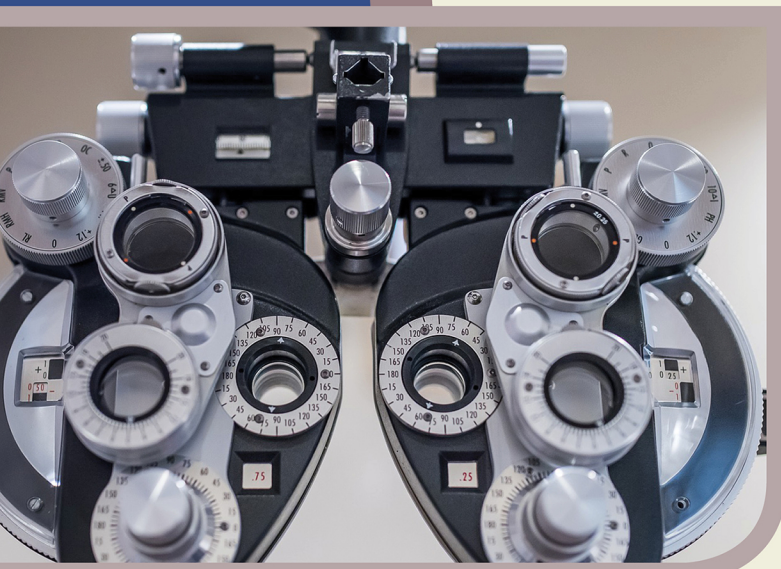
Vision Care



Having our eyes examined should always be on our list of health priorities. Never wait until you have vision problems to visit the eye doctor. An annual or bi-annual visit to the optometrist or ophthalmologist will assist in maintaining clearer vision and overall health.

Eye exams can help determine the following:

- **Vision Correction**
- **Cataracts**
- **Diabetes or Diabetic retinopathy**
- **Glaucoma**
- **Age-related macular degeneration**
- **High Blood Pressure**



Be mindful of eye health preventative measures to preserve your vision.

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