

SUNDAY MORNING HEALTH CORNER

Prostate Awareness

*September is Prostate Cancer
Awareness Month*

Prostate cancer screening is recommended for men over the age of 50. If there is a family history of prostate cancer, you are at a higher than average risk of being diagnosed.

Keep these things in mind:

- Discussions about screenings should start taking place between the ages of 40 and 45.
- There are two screenings identified for prostate cancer:
 - 1) A blood test called PSA
 - 2) Digital Rectal Exam
- Screenings are not full proof in cancer diagnosis, but can determine irregularities and whether a biopsy is required.

Have a discussion with your doctor to determine your course of action.

www.balmingilead.org

620 Moorefield Park Drive, Suite 150
Midlothian, VA 23236
804.644.2256



THE
BALM 
IN
GILEAD TM
INC.