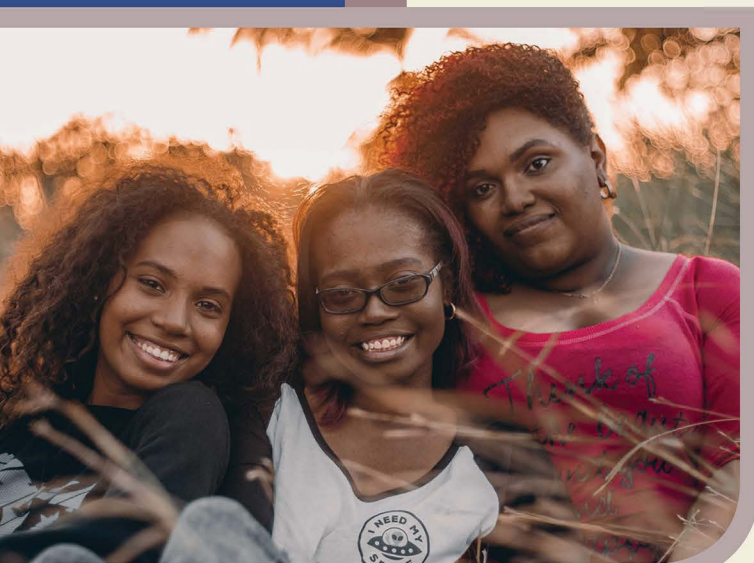
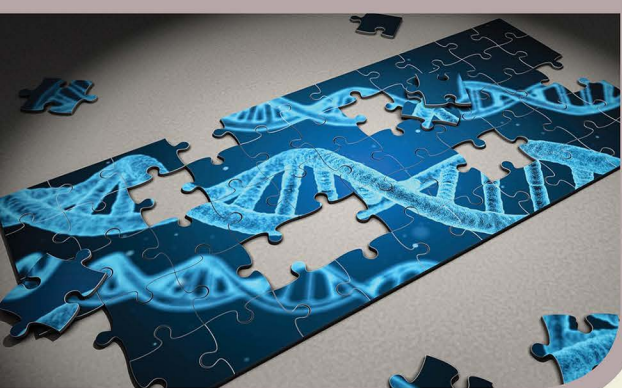


# SUNDAY MORNING HEALTH CORNER

## Genetic Testing



When many think of genetic testing, the DNA tests that reveal family origins come to mind. Genetic testing goes far beyond your family tree. Genetic testing allows us to be informed about our health by revealing gene mutations that increase the risk of developing a particular disease. There are different types of genetic testing:

- **Diagnostic testing** – detects suspected disorders caused by genetic changes
- **Presymptomatic and predictive testing** – determines risk by family history before symptoms occur
- **Carrier testing** – determines if you're a carrier of a specific condition

Depending on the type of test, you could require a low-risk blood test, skin test, or cheek swab. Discuss testing with your doctor, a genetic counselor and insurance company to better understand your risks and coverage before and after testing.

[www.balmingilead.org](http://www.balmingilead.org)

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