## Sunday Morning Health Corner

## Lupus Awareness

With lupus, the immune system attacks instead of protects the body.

Lupus can attack anywhere - the kidneys, brain, heart, lungs, skin, joints.

9 out of 10 people with lupus are women. Lupus often starts between ages 15-45.

## Common symptoms:

- Extreme fatigue
- Joint pain
- Unexplained fevers
- Rashes often across cheeks and nose



Breaking through.

If you think you or someone you know might have lupus, talk to your doctor. Your doctor will look at the full picture - medical history, symptoms and test results - to determine if you have lupus and recommend treatment. Researchers are working hard to offer better treatment options and to find a cure.

Visit **LupusResearch.org** for more information about lupus and its care.



Continue the conversation with us on social media!

@thebalmingilead @hc2020



