

Sunday Morning

Health Corner

Lupus & African Americans

African Americans are at greatest risk of lupus. Black women are 3-4 times more likely to develop lupus than white women.

Of any race, African Americans develop lupus at a younger age and have worse symptoms.

No matter what race, people who smoke, have high blood pressure or are obese are more likely to have greater complications from lupus.



African Americans and others of color with lupus are more than three times more likely to die than whites.

Up to 60% of people with lupus develop inflammation of the kidneys which can cause the kidneys to lose the ability to do their job (end-stage renal disease).

African Americans with end-stage renal disease have a greater risk of dying than Caucasians with this condition.

For more information, visit **www.lupusresearch.org**.

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