

LET'S TALK ABOUT IT: A REAL DISCUSSION YOUTH & HIV



THE
BALM
IN
GILEAD
INC.

SAVING FUTURE GENERATIONS

DID YOU KNOW?



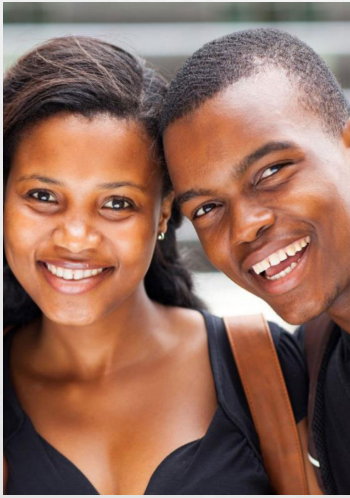
- ALMOST 50% OF HIGH SCHOOL STUDENTS ARE SEXUALLY ACTIVE
- IN 2013, APPROX. 15% OF TEENS ADMIT TO HAVING (4) OR MORE SEXUAL PARTNERS IN THEIR LIFETIME
- MORE THAN 60% OF AFRICAN-AMERICAN FEMALE HIGH SCHOOL STUDENTS ARE SEXUALLY ACTIVE WITH 14% OF THEM HAVING SEX **BEFORE THE AGE OF 13!!!**

DID YOU KNOW?



- NEARLY 30% OF HIGH SCHOOL STUDENTS ADMIT TO FEELING HOPELESS AND/OR SAD
- MINORITY HIGH SCHOOL STUDENTS ARE MORE LIKELY TO BE THE VICTIM OF PHYSICAL AND SEXUAL DATING VIOLENCE
- OVER 11% OF BLACK TEEN GIRLS AND OVER 12% OF HISPANIC TEEN GIRLS HAVE BEEN FORCED TO HAVE SEX

THE FACTS: YOUTH & HIV



- CURRENT STATISTICS SHOW THAT 1 IN 4 NEW CASES OF HIV INFECTION IN THE US OCCURS IN YOUNG PEOPLE BETWEEN THE AGES OF 13-24
- ABOUT 60% OF YOUTH THAT HAVE HIV DON'T EVEN KNOW THEY ARE INFECTED INCREASING THE CHANCE FOR TRANSMISSION
- ALMOST 60% OF NEW HIV INFECTIONS AMONG YOUTH IS DIAGNOSED IN AFRICAN AMERICANS

THE FACTS: HIV/AIDS



- MORE NEW HIV INFECTIONS OCCURRED AMONG YOUNG AFRICAN-AMERICAN MALES THAN IN ANY OTHER GROUP OF YOUTH
- YOUNG GAY/BI-SEXUAL MALES USE CONDOMS ONLY 44% OF THE TIME AND MORE LIKELY TO HAVE SEX WITH OLDER GAY/BI-SEXUAL MALES INCREASING THEIR RISK FOR INFECTION
- DRUGS, ALCOHOL, AND STIGMA ARE MAJOR FACTORS THAT CONTRIBUTE TO YOUTH ENGAGING IN HIGH RISK SEXUAL ACTIVITIES

SO WHAT DO WE DO?

PREVENTION STRATEGIES

PRE-EXPOSURE PROPHYLAXIS (PREP)

- ONE OF THE NEWEST TOOLS IN THE PREVENTION TOOLBOX AGAINST HIV/AIDS; USING FDA APPROVED ANTI-VIRAL MEDICATION (TRUVADA)
- **RECOMMENDED FOR:**
 - HIV NEGATIVE PERSONS DATING AN HIV POSITIVE PERSON
 - HIV NEGATIVE PERSONS THAT HAVE MULTIPLE SEXUAL PARTNERS WITHOUT USING PROTECTION
 - PERSONS INJECTING DRUGS OR HAVE SEX WITH SOMEONE THAT USES INJECTION DRUGS

SO WHAT DO WE DO PREVENTION STRATEGIES

YOUTH BEHAVIORAL INTERVENTIONS

- USE A HOLISTIC APPROACH TO ADOLESCENT HEALTH AND WELLNESS

THESE INTERVENTIONS EMPHASIZE:

- SOCIAL, EMOTIONAL, OR COGNITIVE COMPETENCE TRAINING THAT PROMOTES PRO-SOCIAL NORMS
- IMPROVED DECISION MAKING
- SELF-DETERMINATION
- IMPROVED COMMUNICATION SKILLS

SO WHAT DO WE DO? PREVENTION STRATEGIES

PARENTS AND FAMILIES CAN –

- TALK WITH YOUTH ABOUT THEIR RISK AND WAYS TO THEY CAN PREVENT HIV
- PARTICIPATE IN HIV EDUCATION AND WORK TO SUPPORT SAFER ENVIRONMENTS FOR YOUTH

YOUTH CAN –

- TALK WITH THEIR PARENTS, ANOTHER ADULT, OR HEALTHCARE PROFESSIONAL ABOUT THEIR SEXUAL HEALTH, HIV, AND THEIR CONCERNS
- SEXUALLY ACTIVE YOUTH CAN TALK ABOUT THEIR BEHAVIORS TO BETTER UNDERSTAND THEIR RISK AND GET SUPPORT TO GET TESTED AND TO EITHER ABSTAIN FROM SEX OR HAVE SAFER SEXUAL EXPERIENCES

RESOURCES/ADDITIONAL INFORMATION

- [HTTP://WWW.THECOMMUNITYGUIDE.ORG/HIV/YOUTHDEV-
COMMUNITY.HTML](http://www.thecommunityguide.org/hiv/youthdev-community.html)
- [HTTP://WWW.CDC.GOV/FEATURES/HIVSTDPREVENTION/INDEX.HTML](http://www.cdc.gov/features/hivstdprevention/index.html)
- [HTTP://WWW.CDC.GOV/HEALTHYYOUTH/SEXUALBEHAVIORS/PDF/
HIVTESTING_ADOLESCENTS.PDF](http://www.cdc.gov/healthyyouth/sexualbehaviors/pdf/hivtesting_adolescents.pdf)
- [HTTP://WWW.CDC.GOV/ACTAGAINSTAIDS/](http://www.cdc.gov/actagainstaids/)

• **Knowledge is POWER!**

• **Making Good Decisions
is PREVENTION!**



CONTACT US

ON THE WEB: WWW.BALMINGILEAD.ORG

VIA EMAIL: INFO@BALMINGILEAD.ORG

ADDRESS:

620 MOOREFIELD PARK DRIVE

SUITE 150

RICHMOND, VIRGINIA 23236

PHONE: (804) 644-2256

There is a Balm in Gilead!