SUBJECTIVE COGNITIVE DECLINE among African Americans

Data from the 2015 Behavioral Risk Factor Surveillance System

1 in 7
African Americans aged 45+ have Subjective Cognitive Decline.

SCD is self-reported MEMORY PROBLEMS that have gotten worse over the past year.

African Americans with SCD often have other health challenges that may complicate care.

<table>
<thead>
<tr>
<th></th>
<th>African Americans with SCD</th>
<th>African Americans without SCD</th>
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</thead>
<tbody>
<tr>
<td>Diabetes</td>
<td>36.9%</td>
<td>24.9%</td>
</tr>
<tr>
<td>High Blood Pressure</td>
<td>76.8%</td>
<td>61.5%</td>
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<tr>
<td>Physical Inactivity</td>
<td>40.0%</td>
<td>33.9%</td>
</tr>
<tr>
<td>Smoker</td>
<td>26.5%</td>
<td>16.9%</td>
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<tr>
<td>Live Alone</td>
<td>36.9%</td>
<td>27.6%</td>
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</tbody>
</table>

SCD IMPACTS EVERYDAY LIFE.

- Could not work, volunteer, or socialize as usual: 46.0%
- Needed help with household chores: 48.0%
- Had to give up day-to-day activities: 54.5%

YET, LESS THAN HALF HAVE TALKED TO A DOCTOR ABOUT IT.

And, of those who have, ONE in THREE had trouble paying for medical care.

alzheimer’s association
balmingilead.org
CDC
alz.org/publichealth
cdc.gov/aging