



Prediabetes Can Lead to Type 2 Diabetes

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Take Charge of Your Health

If you have prediabetes or other risk factors for type 2 diabetes, it's time to take charge of your health. The **Southeast Diabetes Faith Initiative (SDFI)** uses the Prevent T2 lifestyle intervention, which is designed to help you make lasting changes to reduce your risk of type 2 diabetes. The lifestyle changes you make with the Southeast Diabetes Faith Initiative will help you prevent or delay type 2 diabetes.

For more information please contact:

SOUTHEAST DIABETES FAITH INITIATIVE
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