

## Evidence-Based

As one of the new DEBIs, *Focus on Youth with ImPACT* (FOY) has been identified by CDC's Prevention Research Synthesis program as a Best-Evidence Effective Behavioral intervention. FOY sessions are accompanied by Informed Parents and Children Together (ImPACT), a ninety minute one-on-one parent intervention, which includes a 20 minute video.

**This intervention addresses many of the youths' issues in a real way.**

Rev. Kendra Smith  
Hunter Memorial AME  
Suitland, MD

**More Information**  
[www.etr.org/foy](http://www.etr.org/foy)

A Focus on Kids Intervention

**FOCUS  
ON YOUTH**  
WITH IMPACT

**The FOY with ImPACT sessions cover these important topics:**

**ImPACT:** Parental Monitoring and Communication

**FOY Session 1:** Trust Building and Group Cohesion

**FOY Session 2:** Risks and Values

**FOY Session 3:** Obtaining Sexual Health Information

**FOY Session 4:** Examining Consequences

**FOY Session 5:** Assertive Communication

**FOY Session 6:** Sexual Health & Showing You Care Without Having Sex

**FOY Session 7:** Attitudes and Skills for Sexual Health

**FOY Session 8:** Community Project



## Additional Contacts

### ETR Associates

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**DEBI** Additional information about *Focus on Youth with ImPACT* is provided on the DEBI website at:  
<http://www.effectiveinterventions.org/>

*FOY with ImPACT* is funded by CDC  
Cooperative Agreement #U65/CCU924904

**FOCUS ON YOUTH  
WITH IMPACT**

is an evidence-based  
HIV prevention program  
for African American youth  
with a complementary  
program for parents.



A Focus on Kids Intervention

# FOCUS ON YOUTH WITH IMPACT



YOUTH  
LEARN TO  
ASSESS  
THEIR RISK  
BEHAVIORS!



HELPS  
YOUTH  
MAKE  
HEALTHY  
DECISIONS!

## **Focus on Youth with ImPACT**

(FOY) is a community-based program that gives youth the skills and knowledge they need to protect themselves from HIV and other sexually transmitted infections (STIs). The intervention, founded on the Protection Motivation Theory, emphasizes decision-making, goal and value setting, communication, negotiation, and healthy relationships.

Through the use of fun, interactive activities such as games, role plays, youth developed stories, and discussions, their prevention, knowledge and skills are developed in culturally relevant ways. As an adapted Effective Behavioral Intervention (DEBI) Focus on Youth targets African American youth 12 to 15 years of age and their parents in non-school settings.

## **What Is CBA?**

Capacity Building Assistance (CBA) is designed to assist in implementing and sustaining science-based and culturally proficient HIV prevention behavioral interventions and HIV prevention strategies.

As the CBA provider for *Focus on Youth with ImPACT*, our goal is to improve the capacity of community-based organizations (CBOs) and health departments to design, develop, implement, and evaluate effective HIV prevention interventions.

Our CBA Services address organizations' specific needs for implementing *FOY with ImPACT* by providing the following services:

- Trainings
- Webinars
- Conference calls
- Onsite technical assistance
- Referrals

## **Meeting Your Needs**

Like all DEBIs, *Focus on Youth with ImPACT* has Core Elements that must be adhered to in order to maintain the effectiveness of the intervention. It also has Key Characteristics that provide the facilitator with leeway to make appropriate changes when necessary.

With appropriate changes, *Focus on Youth* is highly adaptable to meet the needs of the young people within the communities which you serve.

## **Customize**

ETR is available to assist you in tailoring *FOY with ImPACT* for your community.

Contact us at:

[www.etr.org/foy](http://www.etr.org/foy)